

Dr. Nadeau started at the REAL School as a substitute teacher back in 1999 and was later hired as Adventure Based Counselor in the Spring of 2000. His clinical training is in marital & family therapy with a Doctorate and Master's from the University of Connecticut. Born and raised in Maine, he majored in psychology earning a B.A. from the University of Maine at Farmington. His undergraduate work included a junior year abroad at the University College of Galway, Ireland where he studied psychology and philosophy. Dr. Nadeau holds a license in social work and is a Field Instructor for Social work at the University of Southern Maine and the University of New England.

As an outdoor professional, Dr. Nadeau has been a licensed Maine Guide since 1987. He holds licenses in Whitewater Rafting, Sea Kayaking, Outdoor Recreation, and Commercial Boat Operation. He is a Wilderness First Responder and an instructor in training at SOLO – a wilderness medicine institute in Conway, NH. He is also trained in swift water rescue and he is certified in Ropes Course Facilitation and High Ropes Rescue.



Dr. Nadeau's favorite activity is taking his family on multiday adventures sea kayaking, canoeing, and camping. He is also an ice & rock climber, and an avid cyclist participating in several charity rides. Most notably, he is on the Organizing Committee for the Patrick Dempsey Challenge, and he successfully raced up Mt. Washington in 2009,